

Welcome To GO LIVE

Let's Get Started

Congratulations! You have now officially started your journey to a new smile!

As you're aware, we will be monitoring your treatment on a weekly basis using a smart phone app, Dental Monitoring. By now you will have already downloaded the app, logged in and potentially taken your first set of videos with one of our clinical assistants.

After taking your first set of videos at today's appointment, you will receive a NO-GO notification via the Dental Monitoring app - Don't stress as this is what we want as you don't need to change into your next aligner yet!

Between 4 - 14 days time, you will be prompted to take a new set of videos, within 12 or 72 hours of doing so, you will receive either a GO or NO-GO notification via the Dental Monitoring app. Depending on which notification you receive, you will take action on the following: **Except after the first week stay in aligner 1 until your attachments appointment no matter whether you receive a GO or NO-GO.**

GO

Biologically everything has moved as planned & it's time for you to proceed into your next aligner.

NO-GO

Biologically you are not quite ready for your next aligner, therefore please remain in the current aligner for another 4 days where we will request new videos.

If we notice something within your treatment that requires attention, you may receive notifications via the Dental Monitoring app, these could be for the following reasons:

- Weekly videos could improve
- Compliance could improve (Aligner wear/Elastic Wear)
- Aligners are not seated perfectly
- Flossing is required
- Lost attachment or button
- Oral Hygiene

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